

**S A RIDING FOR THE DISABLED
SLEEPY HOLLOW BRANCH
NON-PROFIT ORGANISATION 107-329**

SARDA Sleepy Hollow Branch
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Dear Riders

SARDA Sleepy Hollow in Noordhoek is holding a “Countryside Challenge” fundraising event from Monday 24 October to Sunday the 30 October, which entails completing an obstacle course.

This is good practice for any showing classes, gymkhana, cross country and jumping. It is lots of fun and suitable for all levels of riders and horses or ponies, from advanced to lead rein. For those of you who have horses that can only be lead and not ridden, you are welcome to enter as well.

The obstacle course is an adaption of the official British Riding for the Disabled obstacle course. Here are some examples of the obstacles below, which mostly mean navigating and riding around and, in some cases, reaching out and grabbing or picking up and dropping, e.g. Pick Apple and Post Box. They will not necessarily be in this order.

1. Wild Peach Arch – ride underneath an arch, ducking your head.
2. 6 Obstacle Bending.
3. Bridle Path – ride along a narrow path around obstacles in the way.
4. Figure 8 – ride a figure of 8 around obstacles given.
5. The gate – open and close gate.
6. High Street – ride along a road, stop and signal change of direction.
7. Post Box – Pick up a letter and post it in the post box.
8. Village Square (Pond in centre) – with flamingos in the pond.
9. Shopping – collect an egg from nest and place in basket, collect gift bag.
10. Wild Park – ride around the wild animals.
11. Jump – size depends on level of experience.

Each rider will receive a rosette and a gift bag.

It is essential to make a booking. We can organise for groups of friends to do it together, we just need to know how many riders.

To book your time, please either phone us on 021 789 2341 or email sleepy@intekom.co.za. We will need your name, your horses name, email address, phone number and age if under 18 years. Please bring R 100 cash for your entry fee. It must not be deposited into the Sleepy Hollow Horse Riding account as it is a fundraiser for Sleepy Hollow SARDA, and monies need to go to them.